

might-a-mins[®] spectrum



	Might-a-Mins[®] Spectrum Multivitamin	Might-a-Mins[®] Spectrum OPC-3[®]	Might-a-Mins[®] Spectrum Digestive Enzymes	Might-a-Mins[®] Spectrum Probiotics
Does the product contain gluten, wheat, dairy, casein, corn, yeast, egg, peanuts, nuts, etc. (Important to note if they contain artificial dyes, sweeteners, flavors, etc.)?	This is a vegetarian product and contains no wheat, soy, casein, gluten, yeast, artificial flavor, artificial colors, starch, salt, preservatives.	This is a vegetarian product and contains no wheat, soy, casein, gluten, yeast, artificial flavor, artificial colors, starch, salt, preservatives.	This is a vegetarian product and contains no wheat, soy, casein, gluten, yeast, artificial flavor, artificial colors, starch, salt, preservatives.	This is a vegetarian product and contains no wheat, casein, gluten, yeast, artificial flavor, artificial colors, starch, salt, preservatives.
What is the sugar content? What type?	1 gram per capful. Fructose.	< 1 gram per capful. Fructose.	2 grams per capful. Fructose.	2 grams per capful. Fructose.
Should the product be taken with food or without?	For maximum absorption, the product should be taken on an empty stomach.	For maximum absorption, the product should be taken on an empty stomach.	For maximum absorption, the product should be taken prior to or at the beginning of a meal. See directions for use.	For maximum absorption, the product should be taken on an empty stomach. See directions for use.
How many times a day should the product be taken?	Product should be divided into two servings daily, one in the morning and one in the afternoon, or as directed by your physician. See directions for use.	Product should be taken once daily or as directed by your physician. See directions for use.	Product should be taken three times per day with a meal (preferred), or as directed by your physician. See directions for use.	Product should be taken once daily on an empty stomach, or as directed by your physician. See directions for use.
Can the product be mixed with water? Juice?	Water is preferred. Mixing with juice will result in a non-isotonic product.	Water is preferred. Mixing with juice will result in a non-isotonic product.	Water is preferred. Mixing with juice will result in a non-isotonic product.	Water is preferred. Mixing with juice will result in a non-isotonic product.
Can they be made ahead of time?	No.	No.	No.	No.
Are ingredients derived from animal sources?	Spectrum Isotonix [®] ingredients are not derived from animal sources or genetically modified organisms (GMOs).	Spectrum Isotonix ingredients are not derived from animal sources or genetically modified organisms (GMOs).	Spectrum Isotonix ingredients are not derived from animal sources or genetically modified organisms (GMOs).	Spectrum Isotonix ingredients are not derived from animal sources or genetically modified organisms (GMOs).
Are there organic herbs in the product?	No.	No.	No.	No.
Can the products be mixed and taken together as part of your daily nutritional supplement regimen?	Yes.	Yes.	Yes, however Digestive Enzymes should be taken with a meal. See directions for use.	Yes.
Do the products need to be refrigerated?	No.	No.	No.	Yes, to prolong the viability of bacteria, store opened and unopened bottles in the refrigerator (not freezer).
Does the red wine extract in OPC-3 [®] contain alcohol?	n/a	No, there is no alcohol in this product.	n/a	n/a
Is the recommended serving size for this product based on weight?	The directions for use are based on age/weight classifications. However, weight should be used when child falls outside of these ranges.	This product serving size is determined by age. Please see directions for use.	No.	No.

All ingredients included in Market America's dietary supplements are held to the standards of the United States Pharmacopeia – National Formulary (USP-NF). The USP-NF is a book of pharmacopeia standards for dietary and drug supplements. Ingredients held to this standard must pass a series of tests and meet strict acceptance criteria. The global use of USP-NF standards is assurance of high quality.